



HUNTER MARTIAL ARTS – Belt Testing Score Sheet

Grading Examiner: _____ Date: _____

A = Excellent – 10 Points

B = Good – 8 Points

C = Average – 5 Points

D = Fail – 0 Points

FMA – Blue 5th KYU

Candidate 1:

Candidate 2:

Candidate 3:

Candidate 4:

Candidate 5:

Demonstrate Intermediate Techniques in 3-move combinations called out by instructor

High block, Punch, front kick

A B C D

A B C D

A B C D

A B C D

A B C D

Front kick, Low Block, Punch

A B C D

A B C D

A B C D

A B C D

A B C D

Lead Punch, Round Kick, Back fist

A B C D

A B C D

A B C D

A B C D

A B C D

Demonstrate Nunchaku Basics

A B C D

A B C D

A B C D

A B C D

A B C D

Spins, 3-point strike, catch, and figure 8 spin

Back, side & front break fall - standing

A B C D

A B C D

A B C D

A B C D

A B C D

Head Lock throw – 3 times

A B C D

A B C D

A B C D

A B C D

A B C D

Escape back strangle with throw

A B C D

A B C D

A B C D

A B C D

A B C D

Mount Defence – choke

A B C D

A B C D

A B C D

A B C D

A B C D

Transition between cross knee

takedown to side control then

full mount

A B C D

A B C D

A B C D

A B C D

A B C D

Jump Front Kicks (lead leg hopping,
rear jumping, lead sliding)

A B C D

A B C D

A B C D

A B C D

A B C D

Back fist, cross combo on pads moving
forward, backwards, 45° Angle

A B C D

A B C D

A B C D

A B C D

A B C D

1-Point Hand Break – Student's choice

A B C D

A B C D

A B C D

A B C D

A B C D

Choose 1 of the following: Palm, hammer fist, or elbow strike

Execute Round kick set-ups within 1min of sparring:

1- Lead Back fist, Cross, rear round kick

2-Lead Round kick, Cross, Back fist

A B C D

A B C D

A B C D

A B C D

A B C D